#### **EXHIBIT T**

#### SLAAA GRIEVANCE PROCEDURE

#### **GRIEVANCE/APPEAL**

The St. Louis Area Agency on Aging will provide an opportunity for an appeal to any applicant and/or service provider whose application to provide services is denied, or whose grant or contract is terminated or is not renewed except as provided in 45 CFR Part 74 Subpart M. 45 CFR Part 74 Subpart M refers to "termination for cause" and "termination on other grounds." "Termination for cause" is defined as terminating any grant in whole, or in part, at any time before the date of expiration, whenever it has determined that the grantee has materially failed to comply with the terms of the grant. "Termination on other grounds" is defined as termination by the granting agency with the consent of the grantee, and termination by the grantee.

#### A. Grievance Procedures for Service Participants

 All SLAAA-funded service providers must have a written grievance procedure which informs service recipients that they have a right to file a written grievance when they are dissatisfied with services, denied services, or claim staff misconduct.

If the grievance is received by the St. Louis Area Agency on Aging, it shall be referred to the contracting agency.

The contracting agency, after rendering a decision, shall report the results of the decision within ten (10) working days to the service recipient and the Program Manager of the St. Louis Area Agency on Aging, if the grievance was originally received by the St. Louis Area Agency on Aging.

- 2. If, after attempting to resolve the grievance at the service provider level, the service recipient is not satisfied with the results, he/she may submit a letter of appeal to the St. Louis Area Agency on Aging specifically outlining the grievance and the remedy sought. All grievances should be documented as fully as possible.
- 3. Within fifteen (15) working days after receipt of the appeal, the Program Manager of the St. Louis Area Agency on Aging shall convene a hearing with the grieving party and the contracting agency to discuss the matter outlined in the appeal letter. The Program Manager of the St. Louis Area Agency on Aging, as presiding officer, shall conduct a fair hearing, avoid delays, maintain order, regulate the course of the hearing, regulate the participation and conduct of the parties and others at the hearing, rule on procedural matters, and question all persons presenting information.
- 4. The Program Manager of the St. Louis Area Agency on Aging shall issue a final written decision, via regular mail, within ten (10) working days of the hearing.

#### B. Service Provider/Applicant Agency Grievances

- The Service Provider Agency shall have the right to appeal a decision to terminate or not renew an existing contract. An Applicant Agency may appeal a decision to reject its bid for services.
  - a. The Service Provider/Applicant Agency must file a written request with the Executive Board of the St. Louis Area Agency on Aging Advisory Council within seven (7) working days following its receipt of notice of action, which is being appealed. If the Service Provider/Applicant Agency does not file a written request within seven (7) working days, the decision will be final.
  - b. Within fifteen (15) working days after receipt of an appeal, the Executive Board of the St. Louis Area Agency on Aging Advisory Council shall convene a hearing with the grieving agency and the Director of Human Services to discuss the appeal. The Executive Board of the SLAAA Advisory Council shall conduct a fair hearing, avoid delays, maintain order, regulate the course of the hearing, regulate the participation and conduct of the parties and others at the hearing, rule on procedural matters, and question all persons presenting information.
  - c. The Executive Board of the SLAAA Advisory Council shall make a recommendation to the Director of Human Services, who shall issue a final written decision, via regular mail, within ten (10) working days of the hearing.
  - d. If the Service Provider/Applicant Agency is dissatisfied with the decision of the Director of Human Services, a letter of appeal, specifically outlining the grievance and the remedy sought, may be sent to the MO Dept of Health & Senior Services.
- 2. The Service Provider Agency shall have the right to appeal a decision to withhold funding and reimbursement for services reported.
  - a. The Service Provider Agency must file a written request with the SLAAA Program Manager within seven (7) working days following its receipt of notice of action, which is being appealed. If the Service Provider does not file a written request with the Program Manager within seven (7) working days, the decision will be final
  - b. Within fifteen (15) working days after receipt of an appeal, the SLAAA Program Manager shall convene a hearing with the grieving agency and the Director of Human Services to discuss the appeal. The Director shall conduct a fair hearing, avoid delays, maintain order, regulate the course of the hearing, regulate the participation and conduct of the parties and others at the hearing, rule on procedural matters and question all persons presenting information.
  - c. The Director of the Department of Human Services shall issue a final written decision, via regular mail, within ten (10) working days of the hearing.
  - d. If the Service Provider is dissatisfied with the decision of the Director of Human Services, a letter of appeal, specifically outlining the grievance and the remedy sought, may be sent to the Missouri Dept of Health & Senior Services.

#### Exhibit U

#### **SLAAA Holiday Schedule**

SLAAA nutrition sites will observe the following holidays for FY 2016. These are officially recognized as holidays for the entire network and will be observed and publicized as such for the purpose of scheduling events, meetings, training, monitoring, menus, etc. (H) signifies when SLAAA Offices will be closed.

#### There are 250 possible serving days in this contract period.

HOLIDAY	DATE	DAY	SLAAA
	FY 2016		
Independence Day (observed)	July 3, 2015	FRI	Н
Labor Day	September 7, 2015	MON	Н
Columbus Day	October 12, 2015	MON	
Veterans Day (Observed)	November 11, 2015	WED	Н
Thanksgiving Day	November 26, 2015	THU	Н
Day After Thanksgiving	November 27, 2015	FRI	Н
Christmas Eve Day	December 24, 2015	THU	
Christmas Day	December 25, 2015	FRI	Н
New Years Day	January 1, 2016	FRI	Н
Dr. Martin Luther King Day	January 18, 2016	MON	Н
Presidents' Day	February 15, 2016	MON	Н
Good Friday	March 25, 2016	FRI	
Memorial Day	May 30, 2016	MON	Н

I acknowledge the	holiday information provided.	
Signature	Date	ř.

## **Exhibit V**

**Caterer Estimated Meal Delivery** 

#### **EXHIBIT V**

#### CATERER - ESTIMATED MEAL DELIVERY

# Daily Meal Delivery (M-F) (Jul 1- Oct 31) 87 Serving Days

YTD Daily YTD Daily 'Home Zip Catered Senior Centers 'Congregate' Address Delivered' Code **Meal Count Meal Count** 63115 13 **Wesley House** 4507 Lee Ave 340 4120 Maffitt Ave 63113 310 10 **Northside Community Center** Robert Fulton **5521 Wells** 63112 309 <25> **Five Star Senior Center** 63118 288 30 2832 Arsenal St City Seniors, Inc 4705 Ridgewood Ave 63116 198 21 14 **Father Tolton Sr Center** 1018 Baden 63147 94 5602 Arsenal St 63139 86 23 St. Louis Activity Center **Grace Hill Settlement House** 17 7925 Minnesota Ave 63111 NO HDM **Total Daily Site Count** 1,625 151 **Total All Meal Categories YTD** 149,384 13,874

#### Non-Catered Sites

Total Unduplicated Clients YTD

BIAS - Macklind Center	1329 Macklind Ave	63110	NO HDM	14
Southside Senior Center	3017 Park Ave	63104	NO HDM	10

2,206

907

## **Exhibit W**

# Sample Menu Meal Pattern Nutrient Analysis

#### **EXHIBIT W**

#### SAMPLE MENU/ MEAL PATTERN & NUTRIENT ANALYSIS

The information provided in this exhibit complies with <u>Menu Planning Guidelines</u> issued to the Area Agencies on Aging, by the MO Department of Health and Senior Services, effective July 1, 2012.

These are minimum requirements and provide flexibility for serving meals with higher values.

The SLAAA Nutrition Coordinator will work with the Contractor to ensure high quality, nutritious meals are produced.

- W-1 Sample Menu (one month)
- W-2 Sample of a Full Quarter Menu (three months)
- W-3 Meal Pattern
- W-4 Nutrient Analysis

# **SLAAA Nutrition Program**

# Menu November 2014

r Day bosted benefit of the parsiety rice benefit of the bost said (LF) bussels sprouts wheat bread wheat bread burstles wheat bread wheat bread pressels sprouts wheat bread pressels sprouts wheat bread pressels sprouts wheat bread pressels sprouts wheat bread wheat bread burstles bussels sprouts wheat bread burstles burstles bussels burstles bussels sprouts wheat bread burstles burst	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
parsley rice burnesses sprouts burnesple tidbits/fruit jc. fresh orange fresh apple fresh orange fresh orang	1) Labor Day	2) Sweet and Sour pork	3) Bean burritos w meat	4) Deli turkey plate w	5) Baked fish fillet
hrussels sprouts brussels sprouts brussels sprouts wheat bread meatoned fresh com pineapple tidblis/fruit jc. fresh apple tidblis/fruit jc. fruit juice fruit juice trackers on peaches con brown potatoes con bread con bread fruit juice margarine con brown potatoes con bread fruit juice fruit juice fruit juice tropical fruit / oatmeal cookie fruit pair fruit juice fruit juice tropical fruit / oatmeal cookie fruit pair fruit juice fruit pair fruit juice fruit pair fruit juice fresh apple to across of all fruit pair fruit pair fruit juice fresh orange con pineapples fruit juice fresh apple f	Centers closed	parsley rice	sauce /shredded lettuce/tomato	potato salad (LF)	macaroni and cheese(LF)
wheat bread mexican com fruit juice prices of pineapple tidblis/fruit jc. 1% milk milk seed. 1% milk bread 1% milk 2 sect. tray 23) Beef macaroni casserole 24) Turkey sausage 25) Baked pork chop parsley carrots 1c. sweet and sour cabbage portate bread fruit juice wheat bread fruit juice 1% milk 2 sect. tray 23) Beef macaroni casserole 24) Turkey sausage 25) Baked pork chop parsley carrots 1c. sweet and sour cabbage brussels sprouts wheat burn three bean salad banana 1% milk 2 sect. tray		brussels sprouts	California mix vegetable	three bean salad	steamed peas & carrots
pineapple tidbits/fruit jc. fresh orange 1st. white bread 1% milk mild sauce 1% milk mild sauce 1% milk mild sauce 1% milk bread 1% milk 2 sect. tray 1% milk bread 1% milk 1% m		wheat bread	Mexican corn	fruit juice	tossed salad/drsg.
1% milk mild sauce 1% milk 3-Sect tray C. If y milk wild sauce 11% milk 3-Sect tray C. If y Man and beans 11) Roast beefigravy mixed vegetables wheat brun 10) Ham and beans 11) Roast beefigravy and bleful cackers lettuce/pickle/onion margarine con broad procedic-auliflower mix neatl crackers lettuce/pickle/onion margarine con practices con broad fruit bar/ fruit juice procedication fruit bar/ fruit juice procedication fruit bar/ fruit juice procedication fruit bar fruit par fresh apple		pineapple tidbits/fruit jc.	fresh orange	1sl. white bread	wheat bread/ fresh pear
ify /w 9) Hamburger/wheat bun 10) Ham and beans 11) Roast beef/gravy 1e(1/2 c.) mixed vegetables on bread 10 brocolic-auliflower mix or breaches oven brown potatoes on bread 1-sl. white bread fruit bar/ har/ bar/ fruit bar/ har/ bar/ fruit bar/ har/ bar/ har/ fruit bar/ fruit salad (LF) bar/ fruit bar/ har/ fruit bar/ fruit salad (LF) har/ fruit bar/ fruit salad (LF) har/ fruit bar/ f	X	1% milk	1% milk/ mild sauce		1% milk C
mixed vegetables (1 c.) mixed vegetables carrots (1 c.) red wedge potato oven brown potatoes com bread combread con peaches on peaches on peaches on peaches (1 c.) ruit bar/ fruit bar/ fresh apple (1.5) cathead fruit juice carrots (2.5) Eaked pork chop parsley carrots (2.7) Falisbury steak/ gravy (2.3) Berf macaroni casserole (2.4) Turkey sausage (2.5) Eaked pork chop parsley carrots froin amon spiced apples (2.4) Turkey sausage (2.5) Eaked pork chop parsley carrots froin amon spiced apples (2.5) Eaked port cabage (2.5) Eaked pork chop parsley carrots froin amon spiced apples (2.5) Eaked port cabage (2.5) Eaked port cabage (2.5) Eaked bar fruit juice (2.5) Eaked port cabage (2.5) Eaked bar fruit salad (1.5) Eact tray (1.6) Ea	8) Chicken stir fry /w	9) Hamburger/wheat bun	10) Ham and beans	11) Roast beef/gravy	12) Turkey tetrazzini
oven brown potatoes corn bread broccoli-cauliflower mix margarine lettuce/pickle/onion fruit bar fruit blice corn peaches corn peaches fruit bar fruit blice from an argarine from the bread fruit bar fruit bar fruit blice corn peaches 1% milk corn peaches 1% milk corn peaches 1% milk corn peaches 1% milk corn price and fruit bar fruit bar fruit bar fruit bar from a state or carrots turkey, & rst. Beef on 2 sl. wheat bread/ fruit juice carrots fruit bar fresh orange corn pineapples corn pineapple corn pineapples corn pineapple corn pineapple corn pineapple corn pineapple corn pineapple	stir fry vegetable(1/2 c.)	mixed vegetables	lynonnaise carrots (1 c.)	red wedge potato	cauliflance.
lettuce/pickle/onion margarine cn. peaches cn. peaches fruit bar/ fruit bar beal barana cn. peaches cn. peaches cn. peaches cn. pineapples cn. pineapple cn. pineapple cn. pineapple cn. pineapples cn. pineapple c	rice/ fruit juice	oven brown potatoes	corn bread	broccoli-cauliflower mix	wheat
cn. peaches  cn. peaches  cn. peaches  1% milk  1% milk  2 sect. tray  1% milk  1% milk  2 sect. tray  2 sl. wheat bread/ ruit juice carrots  cn. pineapples  cn. pineapples  cn. pineapples  cn. pineapples  1% milk  2 sect. tray  2 sl. wheat bread/ fruit juice carrots  1% milk  2 sect. tray  2 sl. wheat bread/ ruit juice carrots  1% milk  2 sect. tray  2 sl. wheat bread/ ruit juice carrots  1% milk  2 sect. tray  2 sl. wheat bread/ ruit juice carrots  1% milk  2 sect. tray  2 sl. wheat bread/ margarine carrots  2 sl. wheat bread/ margarine carrots  2 sl. wheat bread/ margarine carrots  2 sl. wheat bread/ ruit juice carrots  1% milk  2 sect. tray  2 sl. wheat bread/ margarine carrots  2 sl. wheat bread/ margarine cold cinnamon spiced apples  2 wheat bun  2 sect. tray  2 sl. wheat bread/ margarine cold cinnamon spiced apples  2 sect. tray  3 sweet and sour cabbage cold cinnamon spiced apples  3 sweet and sour cabbage cold cinnamon spiced apples  4 wheat bun/ three bean salad  5 sect. tray  6 sweet and sour cabbage cold cinnamon spiced apples  6 sweet and sour cabbage cold cinnamon spiced apples  7 milk  6 sect. tray  7 milk  7 milk  C sect. tray  7 milk  8 sweet and sour cabbage  8 wheat roll/margarine  9 shanana  1 mwheat bun/ three bean salad  1 milk  2 sect. tray  3 sect. tray  4 milk  6 sweet and sour cabbage  8 wheat toll/margarine  9 shanana  1 milk  1 milk  1 milk  2 sect. tray  1 milk  2 sect. tray  3 sect. tray  4 milk  1 milk  2 sect. tray  4 milk  3 milk  4 milk  4 milk  4 milk  5 milk  6 milk  6 milk  6 milk  7 milk  8 milk  8 milk  9	3 pkg. wheat unsalt crackers	lettuce/pickle/onion	margarine	1-sl. white bread	fresh a
uce     1% milk     C.     1% milk     2 sect. tray     1% milk       uce     16) Deli plate - LF-1oz cheese     17) Salisbury steak/ gravy     18) Chicken & dumplings       turkey, & rst. Beef on turkey, & rst. Beef on turkey, & rst. Beef on turkey area stand fruit juice     carrots     18) Chicken & dumplings       2 sl. wheat bread/ fruit juice     carrots     carrots     carrots       1% milk     C     1% milk     2 Sect. tray       1% milk     C     1% milk     2 Sect. tray       23) Beef macaroni casserole     24) Turkey sausage     25) Baked pork chop parsley carrots 1c.       parsley carrots 1c.     parsley mashed potatoes     parsley noodles/fruit juice parsley mashed potatoes       Wheat bread/ margarine     sweet and sour cabbage     brussels sprouts       k     1% milk     2 sect. tray     1% milk       cold cinnamon spiced apples     wheat bun     banana       k     1% milk     2 sect. tray     1% milk       cold cinnamon spiced apples     1% milk     C     1% milk       cold cinnamon spiced apples     1% milk     C     1% milk	mandarin oranges	cn. peaches	fruit bar/ fruit juice	tropical fruit / oatmeal cookie	
uce 16) Deli plate - LF-1oz cheese 17) Salisbury steak/ gravy (18) Chicken & dumplings turkey, & rst. Beef on carrots turkey, & rst. Beef on carrots and dressing tossed salad/ dressing cn. pineapples cold cinnamon spiced apples wheat bun ambrosia fruit salad (LF) pineapples cold cinnamon spiced apples wheat bun pineapples cold cinnamon spiced apples wheat bun ambrosia fruit salad (LF) pineapples cold cinnamon spiced apples careful spice ca	1 % milk	1% milk C.		1% milk	1% mil
turkey, & rst. Beef on garlic mashed potatoes Spinach w onions (1 c.)  2 sl. wheat bread/ fruit juice carrots tossed salad/ dressing fresh apple cn. pineapples  2 sl. wheat bread/ fruit juice white bread/ fruit bar fresh orange  2 sl. wheat bread/ dressing white bread/ fruit bar fresh orange  2 sl. wheat bread/ dressing white bread/ fruit bar fresh orange  3 sl. wheat bread/ dressing white bread/ fruit bar fresh orange  3 say 23 Beef macaroni casserole parsley mashed potatoes parsley carrots 1c. sweet and sour cabbage parsley carrots 1c. sweet and sour cabbage parsley carrots 1c. sweet and sour cabbage parsley mashed potatoes parsley mashed fruit salad (LF) panana mayon mustard panana mayon mustard mayon mustard mayon mustard panana panana mayon mustard panana panana panana mayon mustard panana	15) Pork riblette/BBQ sauce	16) Deli plate - LF-1oz cheese	17) Salisbury steak/ gravy	18) Chicken & dumplings	19) Meatloaf/ Gravy
2 sl. wheat bread/ fruit juice tossed salad/ dressing tresh apple cn. pineapples cn. pineapples cn. pineapples 1% milk C 1% milk 2 sect. tray cold cinnamon spiced apples cold cinnamon spiced apples wheat bun wheat bun/ three bean salad LF potato salad mayo/ mustard mayo/ mustard tossed salad/ tresh apple 1% milk 2 sect. tray 30) Deli Turkey sandwich wheat bun/ three bean salad LF potato salad mayo/ mustard mayo/ mustard 1% milk 1% milk 2 sect. tray 1% milk 1% milk 2 sect. tray 1% milk 2 sect. tray 1% milk 1% milk 1% milk 1% milk 2 sect. tray 1% milk 1% milk 1% milk 1% milk 2 sect. tray 1% milk 1% milk 1% milk 2 sect. tray 1% milk 1% milk 1% milk 2 sect. tray 1% milk 1% milk 1% milk 2 sect. tray 1% milk 1% milk 1% milk 2 sect. tray 1% milk 30) Deli Turkey sandwich 2% milk 2 sect. tray 1% milk 2 sect. tray 1% milk 30) Deli Turkey sandwich 2% milk 2 sect. tray 1% milk 30) Deli Turkey sandwich 30) D	hot German potato salad	turkey, & rst. Beef on	garlic mashed potatoes	Spinach w onions (1 c.)	mashed potatoes
tossed salad/ dressing white bread/ fruit bar fresh orange cn. pineapples C 1% milk C 1% milk 2 Sect. tray  23) Beef macaroni casserole parsley mashed potatoes parsley carrots 1c. Wheat bread/ margarine sweet and sour cabbage brussels sprouts wheat bun ambrosia fruit salad (LF) banana mayo/ mustard banana mayo/ mustard brussels sprouts 1% milk 2 sect. tray 1% milk C 1% milk C 1% milk C 1% milk C 2 sect. tray 1% milk C 1% milk C 2 sect. tray 1% milk C 1% milk C 2 sect. tray 1% milk C 2 sect. tray 1% milk C 1% milk C 2 sect. tray 1% milk C 1% milk C 2 sect. tray 1% milk C 2 sect. tray 1% milk C 30) Deli Turkey sandwich salad banana mayo/ mustard banana mayo/ mustard 1% milk 1% mi	green beans	2 sl. wheat bread/ fruit juice	carrots	oatmeal cookie	broccoli w onion
cn. pineapples  cn. pineapples  cn. pineapples  cn. pineapples  col. pineapples  col. pineapples  cold cinnamon spiced apples  cold cinnamon spiced apples  cold cinnamon spiced apples  cold cinnamon spiced apples  wheat bun/ three bean salad  LF potato salad  banana  mayo/ mustard  col. pineapples  with a parsley mashed potatoes  parsley mashed potatoes  parsley mashed portatoes  parsley mashed portatoes  parsley noodles/fruit juice  parsley noodles/fruit juice  bansels sprouts  wheat bun  ambrosia fruit salad (LF)  banana  1% milk  cold cinnamon spiced apples  wheat bun/ three bean salad  LF potato salad  banana  mayo/ mustard  cold cinnamon spiced  ambrosia fruit salad (LF)  banana  mayo/ mustard  cold cinnamon spiced  ambrosia fruit salad (LF)  banana  mayo/ mustard  cold cinnamon spiced  ambrosia fruit salad (LF)  cold cinnamon spiced  ambrosia fruit salad (LF)  banana  mayo/ mustard  cold cinnamon spiced  ambrosia fruit salad (LF)  cold cinnamon spiced  ambrosia fruit salad (LF)  cold cinnamon spiced  ambrosia fruit salad (LF)  cold cinnamon  ambrosia fruit s	wheat bun	tossed salad/ dressing	white bread/ fruit bar	fresh orange	1 sl. white bread
1% milk C C 1% milk 2 Sect. tray 23) Beef macaroni casserole 24) Turkey sausage 25) Baked pork chop parsley carrots 1c. Sweet and sour cabbage prodles/fruit juice sweet and sour cabbage brussels sprouts wheat bread/ margarine ambrosia fruit salad (LF) banana mayo/ mustard banana mayo/ mustard cold cinnation caserole 24) Turkey saudwich sweet and sour cabbage brussels sprouts wheat bun ambrosia fruit salad (LF) banana mayo/ mustard caserole 24) Turkey saudwich sweet and sour cabbage brussels sprouts wheat bun ambrosia fruit salad (LF) banana mayo/ mustard caserole 24) Turkey saudwich sweet and sour cabbage brussels sprouts wheat bun three bean salad caserole 24) Turkey sandwich sweet and sour cabbage brussels sprouts wheat bun three bean salad caserole 25) Baked pork chop parsley noodles/fruit juice sweet and sour cabbage brussels sprouts wheat bun salad caserole 24) Turkey sandwich caserole 24) Turkey sandwich caserole 24) Turkey sandwich caserole 25) Baked pork chop parsley noodles/fruit juice sweet and sour cabbage prossels sprouts wheat to salad caserole 25) Baked pork chop parsley noodles/fruit juice sweet and sour cabbage prossels sprouts wheat to salad caserole 24) Turkey sandwich caserole 25) Baked pork chop parsley noodles/fruit juice sweet and sour caserole 24) Turkey sandwich caserole 25) Baked pork chop caserole 24) Turkey sandwich caserole 25) Baked pork chop caserole 25) B	applesauce	cn. pineapples	fresh apple		apple crisp
23) Beef macaroni casserole 24) Turkey sausage 25) Baked pork chop parsley carrots 1c. Wheat bread/ margarine sweet and sour cabbage brussels sprouts wheat bread/ margarine ambrosia fruit salad (LF) banana mayo/ mustard banana mayo/ mustard the sear salad the same amayo/ mustard the same are sailed to the same amayo/ mustard to the same are sailed to the same amayo/ mustard to the same are sailed to the same amayo/ mustard to the same amayo/ mustard to the same are sailed to the same amayo/ mustard to	1% milk	1% milk C	1% milk		1% milk
parsley carrots 1c.  Wheat bread/ margarine  cold cinnamon spiced apples  wheat bun  1% milk 2 sect. tray 1% milk  30) Deli Turkey sandwich  wheat bun/ three bean salad  LF potato salad  banana  mayo/ mustard  parsley noodles/fruit juice  brussels sprouts  wheat of l/margarine  banana  1% milk  C 1% milk  C 1% milk	22) Hot roast turkey & gravy	23) Beef macaroni casserole	24) Turkey sausage	25) Baked pork chop	26) Deli chicken sandwich
Wheat bread/ margarine sweet and sour cabbage brussels sprouts  cold cinnamon spiced apples wheat bun ambrosia fruit salad (LF) banana  1% milk 2 sect. tray 1% milk C 1 1% milk 30) Deli Turkey sandwich wheat bun/ three bean salad banana mayof mustard  LF potato salad banana mayof mustard  1% milk 10 milk 10 milk 11 milk 12 sect. tray 10 milk 12 milk 13 milk 14 milk 15 milk 16 milk 17 milk 17 milk 18 milk 18 milk 19 milk 19 milk 19 milk 19 milk 10 mil	sweet potatoes	parsley carrots 1c.	parsley mashed potatoes	parsley noodles/fruit juice	2 sl. wheat bread/ coleslaw
cold cinnamon spiced apples wheat bun ambrosia fruit salad (LF) banana 1% milk 2 sect. tray 1% milk C 1% milk 30) Deli Turkey sandwich wheat bun/ three bean salad banana mayon mustard  LF potato salad banana mayon wustard 1% milk	brussels spouts	Wheat bread/ margarine	sweet and sour cabbage	brussels sprouts	tossed salad w dressing
1% milk 2 sect. tray 1% milk C 1 1% milk 30) Deli Turkey sandwich wheat bun/ three bean salad banana mayon mustard mayon whilk mustard 1% milk and a mayon mustard 1% milk banana mayon mustard 1% milk c 1 1% mil	large white bread/margarine	cold cinnamon spiced apples	wheat bun	wheat roll/margarine	orange
1% milk 2 sect. tray 1% milk C 1% milk 30) Deli Turkey sandwich wheat bun/ three bean salad LF potato salad banana mayo/ mustard mayo/ mustard 1% milk	chilled cn.pears		ambrosia fruit salad (LF)	banana	mayo/ mustard
.,	graham crackers/ 1% milk		1% milk C	1% milk	1% milk
getables	29) Spaghetti /meat sauce	30) Deli Turkey sandwich			
	summer mixed vegetables	wheat bun/ three bean salad		85	
read	carrot raisin salad	LF potato salad		8175	
ar	wheat bread	banana		35	
	fresh pear	mayo/ mustard			
	1% milk	1% milk		300	

Alert: if you are on a special diet, note that the majority of the food items on the menu are made from scratch and the menu items have been modified to provide less fat, sugar, and sodium which is in compliance with the dietary State requirements

c= condiments Send usual condiments that potato: would normally be used three b tropical w the various foods.				
that		WEDNESDA		FRIDAT
that	te w	<ol><li>Salisbury steak/ gravy</li></ol>	3) BBQ Pulled pork*	4)
	potato salad (LF)	garlic mashed potatoes	baked beans	HAPPY INDEPENDENCE DAY
	75	carrots	coleslaw (LF)	Centers Closed
2 sl. wł		white bread/ oatmeal bar	whole wheat bun	
	2 sl. whole wheat bread	fresh apple	Holiday cake/fruit juice	
	ر ن	1% milk	1 % milk 2-sect. tray	
7) Chicken stir fry /w   8) Ham	8) Hamburger/wheat bun	9) Ham and beans	10) Turkey tetrazzini	11) Baked pork chop
stir fry vegetable(1/2 c.) mixed v		lynonnaise carrots (1 c.)	cauliflower pea mix (1 c.)	parsley noodles
rice/ fruit juice oven bi	oven brown potatoes	corn bread	wheat bread	brussels sprouts
t crackers	lettuce/pickle/onion	margarine	fresh apple	wheat roll/margarine
oranges		fruit bar/ fruit juice		banana/ fruit juice
1 % milk	o,	1% milk 2 sect. tray	1% milk 2 sect. tray	1% milk
nce	15) Deli plate - 1oz cheese	16) Meatloaf/ Gravy	17) Bean burritos w meat	18) Baked fish fillet
potato salad	turkey, & rst. Beef on	mashed potatoes	sauce/shred. lettuce/tomato	macaroni and cheese(LF)
St	juice	broccoli w onion	California mix vegetable	steamed peas & carrots
	tossed salad/ dressing	1 sl. white bread		tossed salad/drsg.
applesauce cn. pine	apples	apple crisp	sance	wheat bread/ fresh pear
1% milk	O	1% milk	1% milk / mild sauce	1% milk C
21) Hot roast turkey & gravy 22) Bee	22) Beef macaroni casserole	23) Turkey sausage	24) Roast beef/gravy	25) Deli chicken sandwich
	parsley carrots 1c.	parsley mashed potatoes	red wedge potato	2 sl. wheat bread/ coleslaw
		sauerkraut	er mix	tossed salad w dressing
garine	amon spiced apples	wheat bun	a	banana
chilled cn.pears fruit juice		ambrosia fruit salad (LF)	tropical fruit	mayo/ mustard
graham crackers/ 1% milk   1% milk	2 sect. tray	1% milk C	1% milk	1% milk
28) Spaghetti /meat sauce 29) Rec	29) Red beans rice turkey	30) Chicken & dumplings	31) Sloppy Joe on wheat bun	
tables		broccoli (1 c.)	cream-whole kernel corn	
carrot raisin salad Mexica		oatmeal cookie	broccoli-cauliflower mix	*
pg	corn bread/margarine	fresh orange	banana	
fresh pear fruit cocktail				*
1% milk	2 Sect. tray	1% milk 2 Sect. tray	1% milk	
Alert: if you are on a special diet, note that the majority of the food items on the menu are made from scratch and the menu items have been modified to provide less fat, sugar	the majority of the food ite	ms on the menu are made from sc	ratch and the menu items have b	een modified to provide less fat,sugar
and sodium which is in compliance with the dietary state requirements.	ne dietary State requirement	.S.		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
c= condiments Send usual condiments that would normally be used w the various foods.				BBQ Pulled pork mashed potatoes brussels sprouts whole wheat bun pineapple tidbits      Media milk
4) Turkey tetrazzini cauliflower-pea mix (1 c.)	<ol> <li>Hamburger/wheat bun mixed vegetables</li> </ol>	6) Ham and beans lynonnaise carrots (1 c.)	7) Chicken stir fry /w stir fry vegetable(1/2 c.)	8) Baked pork chop parslev noodles
wheat bread	oven brown potatoes	corn bread	rice/ fruit juice	brussels sprouts
וופסון מטטום	rettuce/proximon cn. peaches	margarine  fruit bar/ fruit iuice	3 pkg. wheat unsalt crackers mandarin oranges	wheat roll/margarine banana / fruit iuice
1% milk 2 sect. tray	1% milk C.	1% milk 2 sect. tray	1 % milk	1% milk
11) Pork riblette/BBQ sauce	12) Deli plate - 1oz cheese	13) Meatloaf/ Gravy	14) Bean burritos w meat	15) Baked fish fillet
hot German potato salad	turkey, & rst. Beef on	mashed potatoes	sauce/shredded lettuce & tomamacaroni and cheese(LF)	macaroni and cheese(LF)
green beans	2 sl. wheat bread/ fruit juice	broccoli w onion	California mix vegetable	steamed peas & carrots
wheat bun	tossed salad/ dressing	1 sl. white bread	Mexican corn	tossed salad/drsg.
applesauce	cn. pineapples	apple crisp	fresh orange	wheat bread/ fresh pear
1% milk	1% milk C	1% milk	1% milk / mild sauce	1% milk C
18) Hot roast turkey & gravy	19) Beef macaroni casserole	20) Turkey sausage	21) Roast beef/gravy	22) Deli chicken sandwich
sweet potatoes	parsley carrots 1c.	parsley mashed potatoes	red wedge potato	2 sl. wheat bread/ coleslaw
brussels spouts	Wheat bread/ margarine	sauerkraut	broccoli-cauliflower mix	tossed salad w dressing
large white bread/margarine	cold cinnamon spiced apples	wheat bun	1-sl. white bread/ fruit bar	banana
tropical fruit		ambrosia fruit salad (LF)	cn. Pears	mayo/ mustard
graham crackers/ 1% milk	1% milk 2 sect. tray	1% milk C	1% milk	1% milk
25) Spaghetti /meat sauce	26) Red beans rice turkey	27) Chicken & dumplings	28)Salisbury steak/LF gravy	29) BBQ Riblett
summer mix vegetables	sausage casserole	broccoli (1 c.)	garlic mashed potatoes	baked beans
carrot raisin salad	Mexican corn	oatmeal cookie	carrots	coleslaw (LF)
wheat bread	corn bread/margarine	fresh orange	white bread/ fruit bar	whole wheat bun
fresh pear	ţaj		fresh apple	blueberry muffin/fruit jc.
1% milk	1% milk 2 Sect. tray	1% milk 2 Sect. tray	1% milk	1% milk

Alert: if you are on a special diet, note that the majority of the food items on the menu are made from scratch and the menu items have been modified to provide less fat, sugar and sodium which is in compliance with the Dietary State requirements.

MONDAY	TUESDAY	WEDNESDAY	THIRSDAY	EBIDAV
1) Labor Dav	2) Sweet and Sour pork	3) Bean hurritos w moat	A Doli turkov alato w	6) Bokod fich fillot
Centers closed	z) oweet and ood poin parslev rice	sauce /shredded lettice/formato	4) Dell tulkey plate w	baked lish lillet
+	brussels sprouts	California mix vegetable	three bean salad	steamed peas & carrots
	wheat bread	Mexican corn	fruit juice	tossed salad/drsg.
	pineapple tidbits/fruit jc.	fresh orange	1sl. white bread	wheat bread/ fresh pear
	1% milk	1% milk/ mild sauce	1 % milk 3-Sect. tray C.	1% milk C
8) Chicken stir fry /w	9) Hamburger/wheat bun	10) Ham and beans	11) Roast beef/gravy	12) Turkey tetrazzini
stir fry vegetable(1/2 c.)	mixed vegetables	lynonnaise carrots (1 c.)	red wedge potato	cauliflower pea mix (1 c.)
rice/ fruit juice	oven brown potatoes	corn bread	broccoli-cauliflower mix	wheat bread
3 pkg. wheat unsalt crackers	lettuce/pickle/onion	margarine	1-sl. white bread	fresh apple
mandarin oranges	cn. peaches	fruit bar/ fruit juice	tropical fruit / oatmeal cookie	
1 % milk	1% milk C.	1% milk 2 sect. tray	1% milk	1% milk 2 sect. tray
15) Pork riblette/BBQ sauce	16) Deli plate - LF-1oz cheese	17) Salisbury steak/ gravy	18) Chicken & dumplings	19) Meatloaf/ Gravy
hot German potato salad	turkey, & rst. Beef on	garlic mashed potatoes	Spinach w onions (1 c.)	mashed potatoes
green beans	2 sl. wheat bread/ fruit juice	carrots	oatmeal cookie	broccoli w onion
wheat bun	tossed salad/ dressing	white bread/ fruit bar	fresh orange	1 sl. white bread
applesauce	cn. pineapples	fresh apple		apple crisp
1% milk	1% milk C	1% milk	1% milk 2 Sect. tray	1% milk
22) Hot roast turkey & gravy	23) Beef macaroni casserole	24) Turkey sausage	25) Baked pork chop	26) Deli chicken sandwich
sweet potatoes	parsley carrots 1c.	parsley mashed potatoes	parsley noodles/fruit juice	2 sl. wheat bread/ coleslaw
brussels spouts	Wheat bread/ margarine	sweet and sour cabbage	brussels sprouts	tossed salad w dressing
large white bread/margarine	cold cinnamon spiced apples	wheat bun	wheat roll/margarine	orange
chilled cn.pears		ambrosia fruit salad (LF)	banana	mayo/ mustard
graham crackers/ 1% milk	1% milk 2 sect. tray	1% milk C	1% milk	1% milk
29) Spaghetti /meat sauce	30) Deli Turkey sandwich			
summer mixed vegetables	wheat bun/ three bean salad			
carrot raisin salad	LF potato salad			
wheat bread	banana			
fresh pear	mayo/ mustard			
1% milk	1% milk			
Alert: if you are on a special diet, n	ote that the majority of the food its	ems on the menu are made from sc	ratch and the menu items have b	Alert: if you are on a special diet, note that the majority of the food items on the manu are made from scratch and the manu items have been modified to provide less fat sugar

Alert: if you are on a special diet, note that the majority of the food items on the menu are made from scratch and the menu items have been modified to provide less fat, sugar, and sodium which is in compliance with the dietary State requirements

#### **EXHIBIT W 2**

#### **MEAL PATTERN**

#### MEAL PATTERN

The method for assuring menus meet 1/3 Dietary Reference Intakes (DRIs) standards will be by computer-assisted analysis and/or comply with the set meal pattern. Meal pattern is based on the 2010 Dietary Guidelines for Americans (DGAs), USDA Food Patterns. The amounts are based on a 2,000 to 2200 calorie food pattern.

Food Group	Amounts per Meal
Fruits	½- 2/3 cup
Vegetables	<sup>3</sup> / <sub>4</sub> to 1 cup
Dark-green vegetables	
Red and orange vegetables	
Beans and peas (legumes)	
Starchy vegetables	
Other vegetables	
Grains	2 ounces
Whole grains	At least one per meal
Enriched grains	
Protein foods	2-3 ounces
Seafood	
Meat, poultry, eggs	
Nuts, seeds, soy products	
Milk and Milk Products	1 cup
Oils (Optional)	1-2 teaspoons

#### **EXHIBIT W 3**

#### **NUTRIENT ANALYSIS**

#### **NUTRIENT ANALYSIS**

The DHSS Menu Guidelines incorporate the key recommendations of the 2010 Dietary Guidelines for Americans, in addition to meeting the requirements of the Dietary Reference Intake (DRI) values mandated in the Older Americans Act.

The table below represents the most current DRI nutrient values to be used when planning and evaluating meals. Values are provided for one meal a day utilizing the DRI values obtained by the USDA FNIC<sup>4</sup> requirements for a sedentary activity level 70 year old male, 5'10' tall weighing 165 pounds. The nutrients values are based on 2149 calories per day.

Menus that are documented as meeting the nutrient requirements through nutrient analysis software must provide the following:

Nutrient <sup>5</sup>	Value Per Meal
Calories (Kcal)	716 with no meal less than 600 averaged over
Culoties (ixeal)	one week
Protein	15% of total calories
	Target value 27 grams/meal
Fat	30% of total calories
	Target Value 24 grams/meal
Carbohydrate	55% of total calories
	Target Value 98.5 grams/meal
Vitamin A (mcg)	300 mcg
Vitamin C (mg)	30 mg
Vitamin B6 (mg)	0.57 mg
Vitamin B12 (mcg)	0.8 mcg
Vitamin D	5 mcg
Calcium (mg)	400 mg
Magnesium (mg)	140 mg
Zinc (mg)	3.7 mg
Sodium (mg)	800 mg <sup>6</sup>
Fiber (grams)	7-9 grams
Potassium	1567 mg

PLEASE NOTE THESE ARE MINIMUM REQUIREMENTS AND PROVIDE FLEXIBILITY FOR AREA AGENCIES TO INCLUDE IN CONTRACTS FOR PROVIDERS TO SERVE MEALS WITH HIGHER VALUES.

SLAAA Catering - FY 2016
Exhibit Y
St. Louis Domestic Procurement Form

#### ST. LOUIS DOMESTIC PRODUCTS PROCUREMENT ACT

The City of St. Louis has enacted an ordinance relating the purchase of domentic products by City government, with penalty provisions. The ordinance amend Section 5.58.010 Revised Code of the City of St. Louis, 1986, as amended by adding thereto new subsections dealing with the requirement that the Supply Commissioner or his designee give preference to goods or commodities manugactured in the United States of America, stating exceptions to said policy. Sections one through six are reprinted below.

Section One. Section 5.58.010 Revised Code of the City of St. Louis is hereby amneded by adding the following language" Eash solicitation to bid and the method of describing the items to bid upon of any goods or commodities sought to be purchased by the Office of Supply Commissioner, and any contract entered into by and on behalf of the City of St. Louis and executed by the Mayor and/or the Comptroller of the City of St. Louis wherein the construction, alteration, repair or maintenance of any public works is the subject of the contract so executed, shall contain a provision that the goods or commodities furnished or used in the furtherance of said project by any contractor or subcontractor, manufactured, assembled or produced in the United Stated, and said requirement as defined above shall be stated in said bid.

**Section Two.** The provision of Section One of this Ordinance shall not apply in the following instances:

- (i) Where the item purchased as the contract entered into for reairs or renovation is less than One Thousand (\$1,000.00) Dollars.
- (ii) Where no line of a particular good or product is manugactured, assembled or produced in the United States.
- (iii) Where the acquisition of United States manufactured or produced goods would increase the cost by more than (10%) percent.

Section Three. The certificate required by this section shall specify the nature of the contract, the product being purchased or leased the names and addresses of the United States manufacturers and producers could not supply sufficient quantities or that the price of the products would increase the cost of the contract by more than ten percent.

Section Four. No public agency may authorize, provide for, or make any payment to any vendor or contrator upon any contract in violation of section 2 of this act. Prior to the awarding of the bid and before any public agency authorizes, provides, or makes payment to any vendor or contractor upon any contract to which section 2 or 6 of this act applies, the vendor or contractor shall provide proof of compliance with section 2, and if applicable, section 6 of this act. Any vendor or contractor who knowingly misrepresents any material fact to the public agency concerning the orgin of any manufactured goods or commodities shall be guilty of a Class A misdeamenaor.

**Section Five.** Sections 1 to 6 of this act shall apply only to contracts and subcontracts entered into after effective date of this act, and shall not limit the use or supply of monufactured goods or commodities purchased or leased prior to the effective ate of this act.

**Section Six.** Nothing in sections 1 or 6 of this act is intended to contravene any existing treaty, law, agreement, or regulation of the United States. All contracts in section 1 or 6 of this act shall be entered into in accordance with exisiting treaty, law, agreement, or regualtion of the United States including all treaties entered into between foreign contries and the United States regarding export-import restrictions and international trade and shall not be in violation of sections 1 to 6 of this act to the extent of such accordance.

#### Interpretations and Guidelines

Section One: "Shall be manufactured" is interpreted to mean to make or process a raw material into a finished product or to turn-out in a mechanical manner. "Assembled" is interpreted to mean to fit or to join together the parts, gather, or to congregate in a manufacturing environment. "Produced" is interpreted to mean to create by manual or physical effort, to make or yeild to customary product or products.

Section Two (i) This is interpreted to mean less than one thousand dollars in aggregate (total purchases).

(iii) When applying this subsection, multiply the cost of the foreign product by ten percent and compare the cost to the American product. If the American product cost is less than the sum of the cost of the foreigh product plus ten percent, the award will be made to the vendor bidding the American product. The price paid by the City of St. Louis will be the actual price bid by the winning bidder.

**Section Three:** "Could not supply sufficient quantities" is interpreted to mean in order to meet the using agency's delivery schedule and in quantity specified.

**Section Four:** The vendor's suthorized representative must complete a self-certification form, as required by the existing prodcedures previously indicated. These certification forms will be used to determine whether the manufacturer or producers could, or could not supply sufficient quantities, or the cost of the products would increase the contract by more than ten percent.

Prior to the city awarding the bid, the vendor shall provide certification that the prodcut being bid is manufactured, assembled or produced in the United States or there is an existing treaty, law or regulation where by the product bid shall be treated the same as product manufactured, assembled or produced in the United States. The procuring agency sall accept the self certification in order to apply the percentage differential that is applicable under this law. Failure to provide certification shall cause the city to presume that such product is not American made and preference shall not be considered for that product.

# CERTIFICATION FORM ST. LOUIS DOMESTIC PRODUCTS PROCUREMENT ACT

(BUY AMERICAN)

Bidders are advised of legislation enacted by the City of St. Louis which requires all manufactured goods or commodities used or supplied in the performance of this contract or any subcontract to be manufactured, assembled or produced in the United States, unless obtaining American made products would increase the cost of this contract by more than ten percent.

Section Four requires the vendor or contractor to certify his compliance with this legislation and if applicable, Section Six, if preference is claimed.

Bid received will be evaluated on the basis of this legislation. Certificates of compliance must be completed and returned to be considered for preference. Failure to provide certification shall cause the City to presume that such product is not American made. CERTIFICATION If all the specified goods or products are manufactured, assembled or produced in the United States, check box at left and complete at the bottom of this form. SECTION SEX CERTIFICATION If any or all of the specified goods or products are manufactured, assembled or produced in a country other and the "United States," and exemption is requested because such product is Fair Trade Product: (a) list the country, other than the United States, where each good or product you propose to furnish is manufactured, assembled or produced; (b) check box at left of this paragraph and list corresponding commodities and (c) complete Section Six Documentation portion below. Items Number(s) Location Where Item Manufactured, Assembled or Produced SECTION SIX DOCUMENTATION The specified goods or products are treated as manufactured, assembled or produced in the United States under an existing treaty, law agreement or regulation of the United States regarding export-import restrictions and international trade. List item Number(s) and Treaties covering item below. **DEFINITIONS** MANUFACTURED - to make or process a raw material into a finished product; create, or to produce or to turn-out in a mechanical manner. - to fit or join together the parts in a manufacturing environment. ASSEMBLED PRODUCED - create by manual or phsical effort, to make or yield the customary product or products. MUST BE COMPLETED AND SIGNED I hereby certify that the above information is true and correct and further certify that this statement complies with all provisions of Section 5.58.010 Revised Code of the City of St. Louis, 1985, as amended. FIRM NAME: \_\_\_ \_\_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

(SIGNATURE and TITLE)

170-64 (Rev. 1/04)